

# Markov chain Monte Carlo

Bayesian Methodology in Biostatistics (BST 249)

Jeffrey W. Miller

Department of Biostatistics  
Harvard T.H. Chan School of Public Health

# Outline

Markov chains

Metropolis–Hastings

Combining MCMC moves

MCMC rate of convergence

Negative-Binomial regression example

# Outline

Markov chains

Metropolis–Hastings

Combining MCMC moves

MCMC rate of convergence

Negative-Binomial regression example

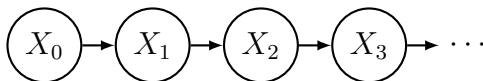
## Markov chains

- Let  $(X_t) = (X_0, X_1, X_2, \dots)$  be a sequence of random vars.
- $(X_t)$  is a *Markov chain* if for all  $t$ ,

$$X_{t+1} \perp\!\!\!\perp (X_1, \dots, X_{t-1}) \mid X_t$$

that is,  $p(x_{t+1} | x_{1:t}) = p(x_{t+1} | x_t)$  for all  $x_{1:t+1}$ .

- In other words, “the future is conditionally independent of the past given the present.”
- This is equivalent to saying that the distribution respects the following directed graph:



## Ergodic theorem for discrete Markov chains

- For now, we assume  $(X_t)$  is a *discrete* Markov chain, that is,  $X_t$  is a discrete random variable for all  $t$ .
- The same intuitions apply in the continuous case, but the math is considerably more subtle.
- Let's see the theorem first, then define the terminology.
- *Ergodic theorem*: If  $(X_t)$  is a time-homogeneous, irreducible, discrete Markov chain with stationary distribution  $\pi$ , then for any bounded function  $h(x)$ ,

$$\frac{1}{T} \sum_{t=1}^T h(X_t) \rightarrow \mathbb{E}h(X)$$

as  $T \rightarrow \infty$ , with probability 1, where  $X \sim \pi$ . If, further,  $(X_t)$  is aperiodic, then for all  $x, x_0$ ,

$$\mathbb{P}(X_t = x \mid X_0 = x_0) \rightarrow \pi(x).$$

## Definitions (1/2)

- $(X_t)$  is *time-homogeneous* if the distribution of  $X_{t+1}|X_t$  is the same for all  $t$ , that is, for all  $a, b, t$ ,

$$\mathbb{P}(X_{t+1} = b \mid X_t = a) = T_{ab}$$

for some matrix  $T$  that doesn't depend on  $t$ .

- $T$  is called the *transition matrix*. Note that the rows of  $T$  sum to 1, that is,  $\sum_b T_{ab} = 1$  for all  $a$ .
- $\pi$  is a *stationary* (or *invariant*) *distribution* for  $T$  if for all  $b$ ,

$$\sum_a \pi(a)T_{ab} = \pi(b).$$

This is often written more succinctly as  $\pi T = \pi$ , viewing  $\pi$  as a row vector.

## Definitions (2/2)

- $(X_t)$  is *irreducible* if for all  $a, b$ , there is some  $t$  such that

$$\mathbb{P}(X_t = b \mid X_0 = a) > 0.$$

(In other words, we can get from point  $a$  to point  $b$  with positive probability.)

- $(X_t)$  is *aperiodic* if for all  $a$ ,

$$\gcd(\{t : \mathbb{P}(X_t = a \mid X_0 = a) > 0\}) = 1$$

where  $\gcd$  = greatest common divisor. (In other words, the times at which we can return to  $a$  are not periodic.)

## Some comments on the conditions

- Suppose  $\pi$  is our *target distribution*, that is, we want to generate samples from  $\pi$ .
- Metropolis–Hastings always yields a time-homogeneous Markov chain with stationary distribution  $\pi$ .
  - ▶ In fact, it satisfies a stronger condition called detailed balance.
- Thus, irreducibility is the main condition we need to check in practice. Fortunately, irreducibility usually holds in practice.
  - ▶ Note: If  $T_{ab} > 0$  for all  $a, b$ , then the chain is irreducible.
- Aperiodicity is nice to have but is not strictly necessary to justify the use of sample averages. It usually holds anyways.
  - ▶ Note: If  $T_{aa} > 0$  for some  $a$ , and the chain is irreducible, then the chain is aperiodic.



# Stationarity

- The term “stationary distribution” comes from this fact:  
If  $X_0 \sim \pi$  and  $(X_t)$  is a time-homogeneous Markov chain with stationary distribution  $\pi$ , then  $(X_t)$  is *stationary*, that is, for all  $k$ , the distribution of  $(X_t, \dots, X_{t+k})$  is the same for all  $t$ .
- Under the ergodic theorem,  $X_t$  converges in distribution to  $\pi$  (this is the 2nd part of the theorem, when aperiodicity holds).
- Informally, when the distribution of  $X_t$  is close to  $\pi$ , we say that the chain has “reached stationarity”.
- In MCMC, the burn-in period is the amount of time before the chain is sufficiently close to stationarity.

## Detailed balance

- We say that *detailed balance* holds if for all  $a, b$ ,

$$\pi(a)T_{ab} = \pi(b)T_{ba}.$$

- If detailed balance holds, then  $\pi$  is a stationary distribution for  $T$ , since

(Whiteboard exercise)

## Detailed balance

- We say that *detailed balance* holds if for all  $a, b$ ,

$$\pi(a)T_{ab} = \pi(b)T_{ba}.$$

- If detailed balance holds, then  $\pi$  is a stationary distribution for  $T$ , since

$$\sum_a \pi(a)T_{ab} = \sum_a \pi(b)T_{ba} = \pi(b) \sum_a T_{ba} = \pi(b).$$

- Interpretation: At stationarity, the probability mass moving from  $a$  to  $b$  equals the mass moving from  $b$  to  $a$ .

# Outline

Markov chains

**Metropolis–Hastings**

Combining MCMC moves

MCMC rate of convergence

Negative-Binomial regression example

## Metropolis–Hastings algorithm

- Nearly all MCMC algorithms are a special case of MH, including Gibbs sampling.
- Suppose the target distribution is  $\pi(x)$ . For each  $x'$ , let  $q(x|x')$  be a distribution over  $x$  (the *proposal distribution*).
- For all  $x, x'$ , define the *acceptance ratio*

$$\alpha(x', x) = \frac{\pi(x)q(x'|x)}{\pi(x')q(x|x')}.$$

- *MH algorithm*: Initialize  $x_0$ , and for  $t = 1, \dots, T$ ,
  1. Sample  $x \sim q(x|x_{t-1})$ .
  2. Sample  $u \sim \text{Uniform}(0, 1)$ .
  3. If  $u < \alpha(x_{t-1}, x)$ , then set  $x_t = x$ , otherwise set  $x_t = x_{t-1}$ .

## Metropolis–Hastings algorithm

- Steps 2 and 3 can equivalently be written: With probability  $\min\{1, \alpha(x_{t-1}, x)\}$ , set  $x_t = x$ , otherwise set  $x_t = x_{t-1}$ .
- Thus, in short, we propose  $x \sim q(x|x_{t-1})$  and accept the proposal with probability  $\min\{1, \alpha(x_{t-1}, x)\}$ .
- The MH algorithm defines a Markov chain with transition matrix  $T$ , where

$$T_{ab} = q(b|a) \min \left\{ 1, \frac{\pi(b)q(a|b)}{\pi(a)q(b|a)} \right\}$$

when  $a \neq b$ , and for all  $a$ ,

$$T_{aa} = 1 - \sum_{b \neq a} T_{ab}.$$

## Metropolis–Hastings: Verifying detailed balance

- Assume  $\pi(a) > 0$  and  $q(b|a) > 0$  for all  $a, b$ .
- We verify that detailed balance holds.
- First, if  $a = b$  then it is trivial: (Whiteboard exercise)
- Meanwhile, if  $a \neq b$ , then

(Whiteboard exercise)

## Metropolis–Hastings: Verifying detailed balance

- Assume  $\pi(a) > 0$  and  $q(b|a) > 0$  for all  $a, b$ .
- We verify that detailed balance holds.
- First, if  $a = b$  then it is trivial:  $\pi(a)T_{aa} = \pi(a)T_{aa}$ .
- Meanwhile, if  $a \neq b$ , then

$$\begin{aligned}\pi(a)T_{ab} &= \pi(a)q(b|a) \min \left\{ 1, \frac{\pi(b)q(a|b)}{\pi(a)q(b|a)} \right\} \\ &= \min \left\{ \pi(a)q(b|a), \pi(b)q(a|b) \right\} \\ &= \pi(b)q(a|b) \min \left\{ \frac{\pi(a)q(b|a)}{\pi(b)q(a|b)}, 1 \right\} \\ &= \pi(b)T_{ba}.\end{aligned}$$



## Metropolis–Hastings: Intuition

- Students are often mystified by the acceptance probability

$$\min \left\{ 1, \frac{\pi(b)q(a|b)}{\pi(a)q(b|a)} \right\}.$$

- To understand it, consider an analogy:
  - ▶  $\pi(a)$  = amount of money belonging to person  $a$ .
  - ▶  $q(b|a)$  = fraction of  $a$ 's money proposed to be transferred to  $b$ .
  - ▶  $\pi(a)q(b|a)$  = amount proposed to be transferred from  $a$  to  $b$ .
- We want equal amounts to be transferred between each pair. So, a modification factor is applied to the proposed amounts.
- If  $\pi(a)q(b|a) > \pi(b)q(a|b)$  then  $a$  would give too much to  $b$ .
  - ▶ To make it equal,  $a$  gives only  $\frac{\pi(b)q(a|b)}{\pi(a)q(b|a)}$  times the proposed amount, and keeps the rest.
  - ▶ In the reverse direction,  $b$  gives her full proposed amount to  $a$ .
- This modification factor is precisely the acceptance probability.

## Group activity: Check your understanding

Go to breakout rooms and work together to answer these questions:

<https://forms.gle/QZXUx2wx3QxK7P7z8>

(Three people per room, randomly assigned. 15 minutes.)

## Gibbs sampling is a special case of MH

- Let  $\pi(x, y)$  be the target distribution. At iteration  $t + 1$ , a Gibbs update to  $x$  can be viewed as sampling from

$$q(x, y|x_t, y_t) := \pi(x|y_t) \mathbf{I}(y = y_t).$$

- Now, suppose we do MH with  $q$  as the proposal distribution.
- With probability 1,  $y = y_t$  when sampling from  $q$ , so

$$\begin{aligned} \alpha((x_t, y_t), (x, y)) &= \frac{\pi(x, y)q(x_t, y_t|x, y)}{\pi(x_t, y_t)q(x, y|x_t, y_t)} \\ &= \frac{\pi(x, y)\pi(x_t|y)\mathbf{I}(y_t = y)}{\pi(x_t, y_t)\pi(x|y_t)\mathbf{I}(y = y_t)} \\ &= \frac{\pi(x, y)\pi(x_t|y)}{\pi(x_t, y)\pi(x|y)} \\ &= 1. \end{aligned}$$

- Thus, we always accept, so MH reduces to Gibbs in this case.

# Outline

Markov chains

Metropolis–Hastings

Combining MCMC moves

MCMC rate of convergence

Negative-Binomial regression example

## Combining MCMC moves

- One of the many nice things about MCMC is that it is easy to combine various moves when constructing a sampler.
- For instance, we can combine various Gibbs updates or MH moves with different proposal distributions.
- Suppose the target distribution is  $\pi$ . Roughly, a move is a way of updating the variables using an MCMC step targeting  $\pi$ .
- Formally, we define a *move* to be a transition matrix  $T$  such that  $\pi T = \pi$ , that is,  $\pi$  is the stationary distribution of  $T$ .
- Two useful ways of combining moves  $T_1, \dots, T_k$  are:
  1. products of moves, and
  2. mixtures of moves.

## Products of moves (Deterministic cycle of moves)

- If  $T_1, \dots, T_k$  all have stationary distribution  $\pi$ , then the product  $T = T_1 \cdots T_k$  has stationary distribution  $\pi$ .
- This is easy to check:

$$\pi T_1 T_2 \cdots T_k = \pi T_2 \cdots T_k = \cdots = \pi T_k = \pi.$$

- This is used in *fixed-scan Gibbs*, where we update the variables by cycling through them in a deterministically chosen order.
- This is also used in *MH-within-Gibbs*, where MH moves on the full conditionals are used in place of some Gibbs updates.
- Note: We do NOT explicitly compute  $T$ ! All we have to do is apply a sequence of moves.

## Mixtures of moves (Random choice of move)

- If  $T_1, \dots, T_k$  all have stationary distribution  $\pi$ , and  $w_1, w_2, \dots, w_k \geq 0$  with  $\sum_{i=1}^k w_i = 1$ , then the mixture  $T = \sum_{i=1}^k w_i T_i$  has stationary distribution  $\pi$ .
- This is also easy to check:

$$\pi T = \sum_{i=1}^k w_i \pi T_i = \sum_{i=1}^k w_i \pi = \pi \sum_{i=1}^k w_i = \pi.$$

- This is used in *random-scan Gibbs*, where we randomly choose which variable to update at each step. Here,  $w_i$  is the probability of updating variable  $i$  at a given step.
- Note: We do NOT explicitly compute  $T$ ! All we have to do is randomly choose a move, and apply that move.

## Careful! State-dependent moves are typically invalid

- It is important to note that the random choice of move does not depend on the current state.
- In general, the choice of move at each iteration should not depend on the current state of the Markov chain.
- Using a state-dependent move can result in a failure to converge to the correct stationary distribution.
- Note: The fact that the proposal distribution in MH depends on the current state does not violate this principle.
- You need to be very, very careful if you want to try to use state-dependent moves.



# Outline

Markov chains

Metropolis–Hastings

Combining MCMC moves

**MCMC rate of convergence**

Negative-Binomial regression example

## MCMC rate of convergence

- In basic Monte Carlo, we know  $\mathbb{V}\left(\frac{1}{T} \sum_{t=1}^T X_t\right) = \mathbb{V}(X_t)/T$  since the  $X_t$ 's are i.i.d. In MCMC, the  $X_t$ 's are no longer i.i.d., so it is not as easy to assess the rate of convergence.
- However, for any sequence of random variables, we have:

$$\mathbb{V}\left(\frac{1}{T} \sum_{t=1}^T X_t\right) = \text{(Whiteboard exercise)}$$

## MCMC rate of convergence

- In basic Monte Carlo, we know  $\mathbb{V}\left(\frac{1}{T} \sum_{t=1}^T X_t\right) = \mathbb{V}(X_t)/T$  since the  $X_t$ 's are i.i.d. In MCMC, the  $X_t$ 's are no longer i.i.d., so it is not as easy to assess the rate of convergence.
- However, for any sequence of random variables, we have:

$$\begin{aligned}\mathbb{V}\left(\frac{1}{T} \sum_{t=1}^T X_t\right) &= \frac{1}{T^2} \sum_{s=1}^T \sum_{t=1}^T \text{Cov}(X_s, X_t) \\ &= \frac{1}{T^2} \sum_{t=1}^T \mathbb{V}(X_t) + \frac{1}{T^2} \sum_{s=1}^T \sum_{t \neq s} \text{Cov}(X_s, X_t).\end{aligned}$$

- If the  $X_t$ 's have the same distribution, then the first term equals  $\mathbb{V}(X_t)/T$ , just like the basic Monte Carlo variance.
- Thus, in MCMC, the approximation error will be small if the  $\text{Cov}(X_s, X_t)$  terms are small.

## Effective sample size

- Assume  $(X_t)$  is stationary. Then  $C(\delta) := \text{Cov}(X_t, X_{t+\delta})$  does not depend on  $t$ , and  $C(\delta) = C(-\delta)$ .
- Define  $\sigma^2 := \mathbb{V}(X_t) = C(0)$  and  $\rho(\delta) := \text{Corr}(X_t, X_{t+\delta})$ . Then  $C(\delta) = \sigma^2 \rho(\delta)$  and

$$\begin{aligned}\mathbb{V}\left(\frac{1}{T} \sum_{t=1}^T X_t\right) &= \frac{1}{T^2} \sum_{s=1}^T \sum_{t=1}^T C(s-t) \\ &= \frac{1}{T} C(0) + \frac{2}{T^2} \sum_{\delta=1}^{T-1} (T-\delta) C(\delta) \\ &= \frac{\sigma^2}{T} + \frac{2\sigma^2}{T} \sum_{\delta=1}^{T-1} (1-\delta/T) \rho(\delta) = \frac{\sigma^2}{T_{\text{eff}}}\end{aligned}$$

where

$$T_{\text{eff}} := \frac{T}{1 + 2 \sum_{\delta=1}^{T-1} (1-\delta/T) \rho(\delta)}.$$

## Effective sample size

- $T_{\text{eff}}$  is one way of defining an “effective sample size” (ESS).
- Since  $\mathbb{V}\left(\frac{1}{T} \sum_{t=1}^T X_t\right) = \sigma^2/T_{\text{eff}}$ , the idea is that  $T_{\text{eff}}$  is the number of i.i.d. samples that basic Monte Carlo would require to achieve the same approximation error.
- To compute  $T_{\text{eff}}$  in practice, one would estimate  $\rho(\delta) \approx \hat{\rho}(\delta)$  using the samples themselves, and use

$$\hat{T}_{\text{eff}} := \frac{T}{1 + 2 \sum_{\delta=1}^{T-1} (1 - \delta/T) \hat{\rho}(\delta)},$$

possibly truncating the sum since  $\rho(\delta)$  is harder to estimate for larger  $\delta$  values.

- If  $T_{\text{eff}}$  is much smaller than  $T$ , then the MCMC sampler is struggling.

## Effective sample size

- The formula above is not actually the usual definition of *effective sample size*, which is:

$$T'_{\text{eff}} := \frac{T}{1 + 2 \sum_{\delta=1}^{\infty} \rho(\delta)}.$$

- In practice, the infinite sum is approximated by truncating it at an appropriate value.
- The interpretation is the same, but  $T_{\text{eff}}$  may be more stable than  $T'_{\text{eff}}$  since it doesn't depend as much on larger  $\delta$  values, for which  $\rho(\delta)$  is harder to estimate in a finite sample.
- It's also worth mentioning that  $\tau := 1 + 2 \sum_{\delta=1}^{\infty} \rho(\delta)$  is called the *autocorrelation time*.

# Outline

Markov chains

Metropolis–Hastings

Combining MCMC moves

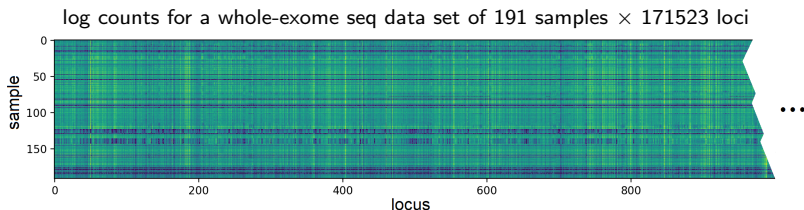
MCMC rate of convergence

Negative-Binomial regression example

# NegBin regression example: Background

Modern high-throughput sequencing yields large matrices of counts.

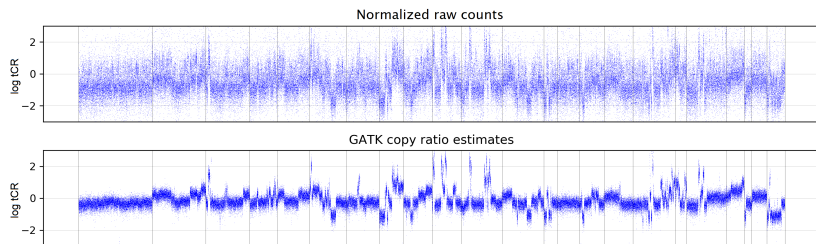
- Copy ratio estimation in cancer genomics
  - ▶ whole-exome or whole-genome sequencing data
- Copy number variation in genetics
  - ▶ whole-exome or whole-genome sequencing data
- Gene expression analysis in biology/medicine
  - ▶ RNA-seq data for transcript abundance





# NegBin regression example: Background

## Whole-exome seq data for a tumor sample

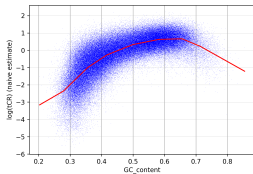
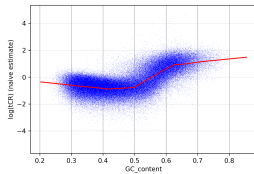
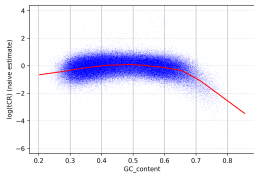
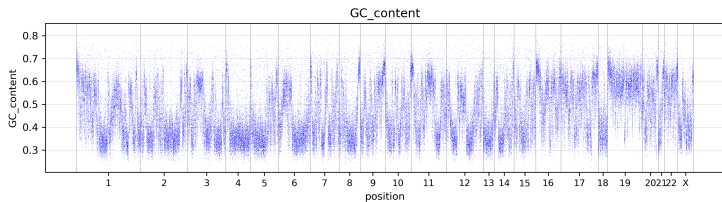


# NegBin regression example: Background

Nontrivial modeling required to deal with many sources of bias:

- GC bias
- Mappability bias
  - ▶ Repetitive sequences, Tandemly arrayed genes
- Epigenetics
  - ▶ Open chromatin, Promoters, Enhancers, etc.
- Fragment length bias
- Batch effects

# NegBin regression example: Background



## NegBin regression example: Model

- The technical variability in this data is naturally modeled as Poisson, by the “law of small numbers”.
  - ▶ Each count is the sum of many Bernoullis with small probability.
- However, there also outliers. A Negative-Binomial model is often used to improve robustness to outliers.
- The Negative-Binomial is an overdispersed Poisson — specifically, a Poisson with a Gamma prior integrated out for each observation.

## NegBin regression example: Model

- Suppose the count data are  $Y_{ij} \in \{0, 1, 2, \dots\}$  for loci  $i = 1, \dots, I$  and samples  $j = 1, \dots, J$ .
- Let's consider the following model:

$$Y_{ij} \sim \text{NegBin}(\text{mean} = \mu_{ij}, \text{dispersion} = \alpha_i)$$

where

$$\log(\mu_{ij}) = a_i + b_j + c_1 x_i + c_2 x_i^2.$$

- Interpretation:
  - ▶  $a_i$  = locus-specific effect
  - ▶  $b_j$  = sample-specific effect
  - ▶  $x_i$  = locus covariate such as GC content
  - ▶  $c_1, c_2$  = coefficients of linear and quadratic terms
- Assume  $x_i$  is standardized to mean zero, unit variance.

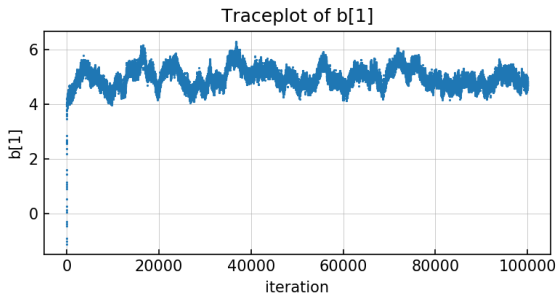
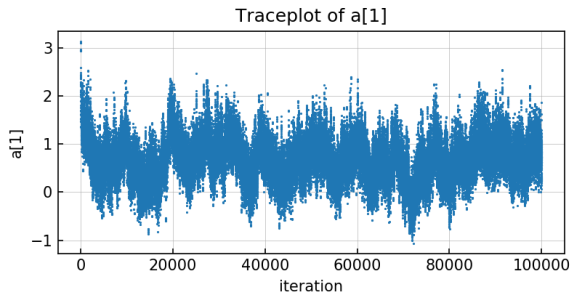
## NegBin regression example: Identifiability

- This model is not identifiable since an additive constant can be moved between  $a_i$  and  $b_j$ .
- This non-identifiability can be removed by constraining, say,  $\sum_i a_i = 0$ .
- However, posterior inference is complicated when constraints are imposed.
- Simple alternative: Run MCMC in the unconstrained (non-identifiable) model, and when MCMC sampling is complete, impose the identifiability constraints on the posterior samples for interpretation purposes.

## NegBin regression example: Simulation

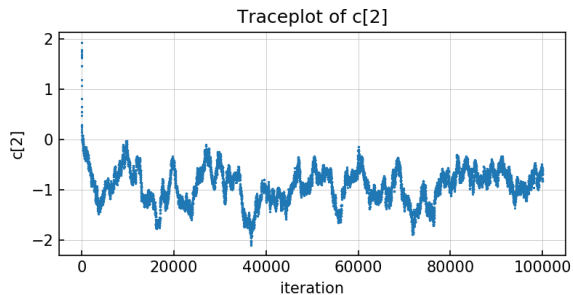
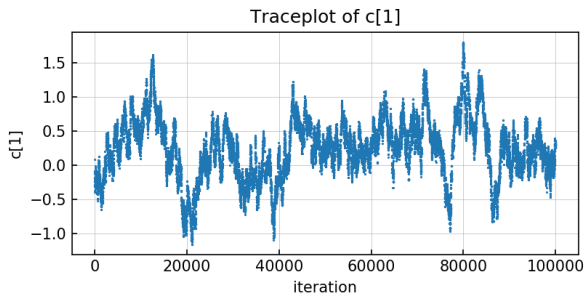
- To illustrate, I simulated data from the model using  $I = 100$  and  $J = 10$ , with true parameters generated as  $a_i \sim \mathcal{N}(0, 1)$ ,  $b_j \sim \mathcal{N}(5, 1)$ ,  $c_1 = 0$ ,  $c_2 = -1$ , and  $\alpha_i = 1$  for all  $i$ .
- For simplicity, I assumed  $\mathcal{N}(0, 5^2)$  priors on  $a_i$ ,  $b_j$ , and  $c_k$ , and fixed  $\alpha_i = 1$ .
- To perform MCMC, I used an MH-within-Gibbs approach, updating each univariate parameter  $a_i$ ,  $b_j$ ,  $c_k$  individually.
- E.g., MH with proposal  $a_i \sim \mathcal{N}(a_{i,t-1}, 0.25^2)$  and target distribution equal to the full conditional for  $a_i$ .
- I ran MCMC for 100,000 sweeps, with a burn-in of 20,000. (We'll look at diagnostics below to see if these were good choices.)

# NegBin regression example: Traceplots

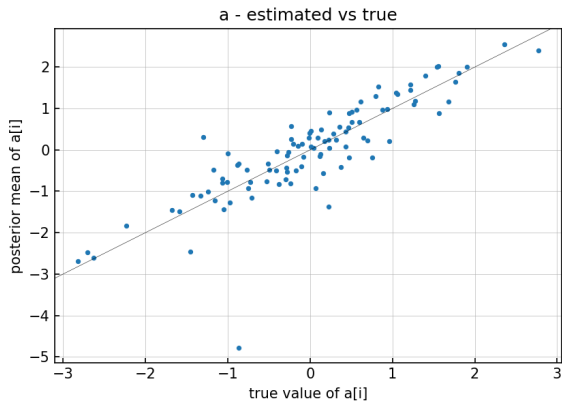




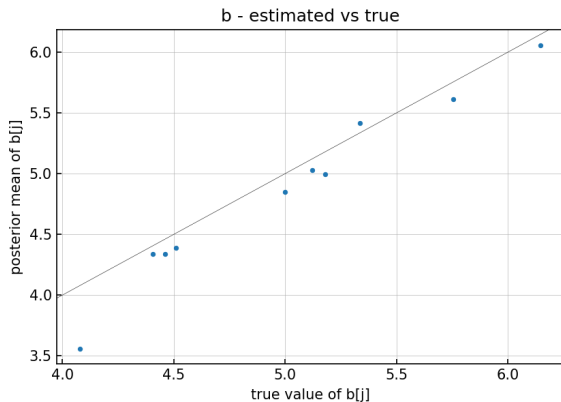
## NegBin regression example: Traceplots



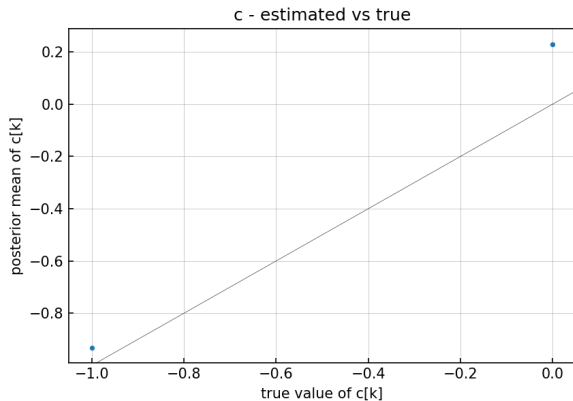
## NegBin regression example: Estimated vs true



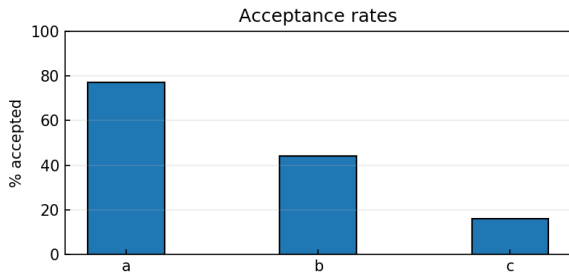
# NegBin regression example: Estimated vs true



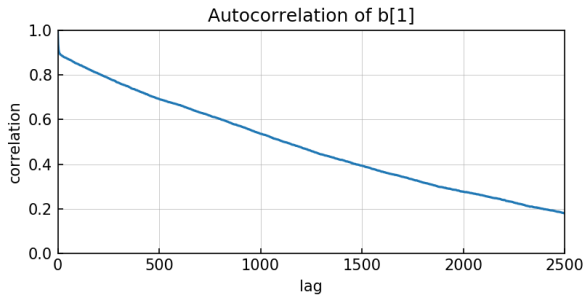
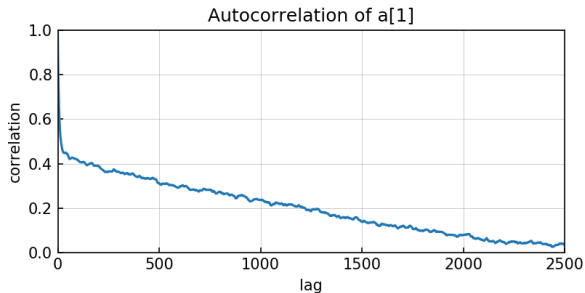
# NegBin regression example: Estimated vs true



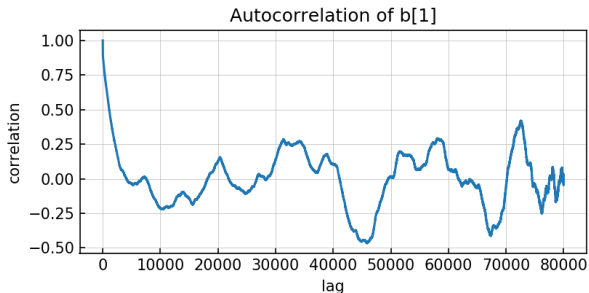
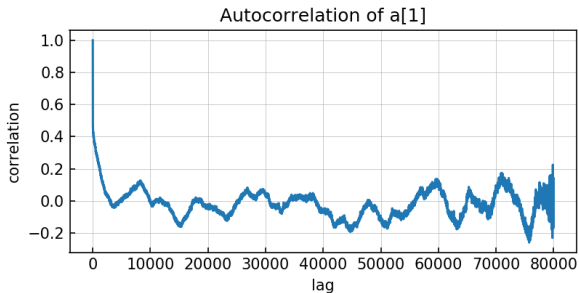
## NegBin regression example: Acceptance rate



# NegBin regression example: Autocorrelation



# NegBin regression example: Autocorrelation



## References and supplements

- R.E. Kass, B.P. Carlin, A. Gelman, and R.M. Neal (1998). Markov Chain Monte Carlo in Practice: A Roundtable Discussion. *The American Statistician*, 52(2), pp. 93-100.
- A.E. Gelfand and A.F. Smith (1990). Sampling-based approaches to calculating marginal densities. *Journal of the American Statistical Association*, 85(410), 398-409.



## Individual activity: Exit ticket

Answer these questions individually:

<https://forms.gle/r7YzCQFMbP1yQupj7>